

## **NATIONAL OPTICAL SERVICES – 4/1/2006**

**Benefits paid to National Optical Services by Sheet Metal Workers Local 137 Benefit Fund:**

**Examination only (with Tonometry) \$25.00**

**Or**

**Examination (with Tonometry)**

**Contemporary Frame (retail value up to \$150.00) in various styles**

**Single Vision Lenses (glass or plastic)**

**Bifocal Lenses (glass or plastic)  
Includes FT 28,35, Executive or Blended**

**Trifocal Lenses (glass or plastic)**

**Cosmetic Tinting \$75.00**

**Or**

**Examination for Contacts**

**Contact Lenses  
Hard or soft, non-astigmatic, daily wear \$75.00**

**\*\*\*Polycarbonate Lenses (for children) \$20 co-pay**

**\*\*\*Large selection of contemporary frames including hundreds of frames in various styles, sizes, and colors.**

**\*\*\*For any upgraded frame, National Optical Services will allow one credit up to \$150.00 (if your frame is \$170 you would only pay \$20 out of pocket)**

# NATIONAL OPTICAL SERVICES LOCATIONS

## MANHATTAN

**10013 Mott Streets Optical**  
52 Mott Street  
(212) 431-8188

**10013 Dr. Raymond Fong**  
109 Lafayette St. 4<sup>th</sup> Fl.  
(212) 274-1900

**10013 Eye Solutions**  
33 Mott Street  
(212) 349-8688

**10013 China Town Optical**  
40 Mott Street  
(212) 267-1260

## MANHATTAN MIDTOWN WEST

**10001 European Optical**  
33 West 32<sup>nd</sup> Street  
(212) 971-0911

ion Optical

## MANHATTAN MIDTOWN EAST

**10010 JMV Optical**  
430 Second Ave. 24<sup>th</sup> St.  
(212) 481-6690

**10010 Jena Optical**  
50 Lexington Ave. & 25<sup>th</sup> St.  
(212) 477-4250

**10010 Eyes on Chelsea**  
239 West 15<sup>th</sup> St.  
(212) 243-1717

## MANHATTAN UPPER WEST

**10024 The Eyeman Opticians**  
2264 Broadway & 81<sup>st</sup> St.  
(212) 873-4114

**10027 All Eyes On Us**  
275 West 125<sup>th</sup> Street  
(212) 663-1511

**10040 Opticana Optical**  
4526 Broadway & 193<sup>rd</sup> St.  
(212) 304-3585

**10024 Sterling Optical**  
580 Amsterdam Ave. & 88<sup>th</sup> St.  
(212) 865-5551

## MANHATTAN UPPER EAST

**11035 Lexington Optical Express**  
2058 B Lexington Ave. & 125<sup>th</sup> St.  
(212) 360-7422

**10021 Visual Optique**  
1443 Second Ave. & 76<sup>th</sup> St.  
(212) 535-1510

**10228 Bella Vista Optics**  
1291 Lexington Ave. & 87<sup>th</sup> St.  
(212) 987-1515

## BRONX

**10467 Moriah Eye Care**  
3416 Jerome Ave.  
(718) 325-3160

**10467 Bella Vista Optics**  
736 Allerton Avenue  
(718) 515-2020

**10458 Clearview**  
316 East Fordham Rd.  
(718) 367-2020

**10462 Designer Optical**  
2196 A White Plains Road  
(718) 513-3577

**10475 Co-OpCity Eyecare**  
691 Co-Op City Blvd.  
(718) 320-0551

**10472 Family Optical**  
1594 Westchester Avenue  
(718) 861-6009

**10453 A & G Fashion Optical**  
2 East Burnside Ave.  
(718) 294-0085

**10462 Sterling Optical**  
2168 White Plains Road  
(718) 931-0500

**10458 Fromer Optical**  
31-30 Grand Concourse #12  
(718) 741-3200

## STATEN ISLAND

**10305 Eyeland Vision**  
900 Hylan Blvd.  
(718) 420-6191

**10306 Sterling Optical**  
2626 Hylan Boulevard  
(718) 987-7200

**10308 Optical Arts**  
4011 Hylan Blvd.  
(718) 227-0929

**10304 Dr. Carolyn Powell**  
Bay St. Optical Pavilion  
664 Bay Street  
(718) 627-5278

**10314 Sterling Optical**  
Staten Island Mall  
(718) 698-6020

## BROOKLYN

### BROOKLYN EAST NEW YORK

**11208 Eyes on Liberty**  
1086 Liberty Avenue  
(718) 277-1200

**11212 Eyemax Optical Shop**  
1 Brookdale Plaza  
(718) 342-3937

**11212 Magic Eyez**  
1546 Pitkin Avenue  
(718) 342-7002

**11209 Ideal Optical**  
7602 5<sup>th</sup> Ave.  
(718) 238-2020

### BROOKLYN PARK SLOPE

**11215 Brooklyn Eyeworks**  
537 5<sup>th</sup> Avenue  
(718) 768-1780

### BROOKLYN BENSONHURST

**11214 Eye Solutions**  
8504 18<sup>th</sup> Avenue  
(718) 621-6305

### BROOKLYN SUNSET PARK

**11220 Brooklyn Optical**  
53-01 8<sup>th</sup> Avenue  
(718) 633-6888

### BROOKLYN GREENPOINT

**11222 Sunrx Optical**  
764 Manhattan Ave.  
(718) 349-8313

### BROOKLYN FLATBUSH

**11234 Marks Optical**  
2460 Flatbush Avenue  
(718) 421-1349

**11226 T.A.G. Eyeland**  
2830 Church Avenue  
(718) 462-0500

**11226 Ocean View Optical**  
789 Flatbush Avenue  
(718) 826-9600

**11226 City Center Optical**  
708 Flatbush Ave.  
(718) 282-9222

## BROOKLYN SHEEPSHEAD BAY

**11229 Twenty/Twenty Optical**  
1802 Kings Highway  
(718) 376-1420

**11229 Starlight Optical**  
1501 Gravesend Neck Rd.  
(718) 787-4111

**11229 A&M Optometric**  
1910 Avenue U  
(718) 485-6157

**11229 Bonifide Opticians**  
9508 Ave. I  
(718) 444-3126

**11229 Eye Expo**  
2517 Avenue U  
(718) 332-0400

## BROOKLYN BED. STUY.

**11233 Magic Eyez**  
330 Malcolm X Blvd.  
(347) 787-0302

## BROOKLYN MARINE PARK

**11234 the Eye Parlor**  
5903 1/2 Avenue N  
(718) 444-7007

**11234 Sterling Optical**  
5760 Kings Plaza  
(718) 253-0700

**11234 BC Glass Express**  
1944 Ralph Avenue  
(718) 444-1401

**11234 GY Optometric Care**  
3511 Quinton Road  
(718) 377-1021

**11235 Alfa Vision**  
1419 Sheepshead Bay Rd.  
(718) 934-1155

## BROOKLYN HEIGHTS

**11217 Specs RX**  
362 Livingston St.  
(718) 643-0742

**11217 Victory Vision Care**  
30 Fifth Avenue  
(718) 622-2020

**11201 Sterling Optical**  
423 Fulton Street  
(718) 522-5656

**11217 Victory Vision Care**  
30 Fifth Ave.  
(718) 622-2020

## BROOKLYN BUSCHWICK

**11237 Knickerbocker Optical**  
341 Knickerbocker Avenue  
(718) 418-1268

## BROOKLYN MIDWOOD

**11230 Midwood Family Visions**  
1714 Avenue M  
(718) 375-4300

**11230 Eye See You Optical**  
1371 Coney Island Ave.  
(718) 253-9328

## QUEENS

### QUEENS ASTORIA

**11105 Odyssey Optical**  
22-38 31<sup>st</sup> Street  
(718) 278-3600

**11106 Vardiman Eyewear**  
34-18 Broadway  
(718) 204-5037

**11102 Optometric Optical**  
30-18 31<sup>st</sup> Street  
(718) 274-5575

### QUEENS FLUSHING

**11354 Flushing Optical**  
37-29 Main Street  
(718) 461-4700

**11355 Hunter Vision Center**  
41-57 Main Street  
(718) 939-6888

**11355 Better Sight Vision**  
42-02 Main Street  
(718) 539-5888

**11355 Advanced Eye Center**  
140-20 Sanford Ave.  
(718) 762-3838

## QUEENS WHITESTONE

**11357 JD Opticians**  
152-55 10<sup>th</sup> Ave.  
(718) 747-2470

**11357 Optometric Eyecare**  
14-153-69 Cross Island Pkwy.  
(718) 767-6379

## QUEENS JACKSON HEIGHTS

**11372 CoCos Vision Ctr.**  
83-06 37<sup>th</sup> Avenue  
(718) 424-0043

**11372 Olivos Opticians**  
75-08 37<sup>th</sup> Avenue  
(718) 476-1458

**11372 Optical Eye Shop**  
3760 94<sup>th</sup> Street  
(718) 205-1280

## QUEENS REGO PARK

**11374 Universal Optometry**  
97-12 63<sup>rd</sup> Dr. #1B  
(718) 896-1934

## QUEENS FOREST HILLS

**917N**  
**11375 American Vision**  
70-51 Austin Street  
(718) 793-1200

## **711N**

**11375 Whitestone Vision**  
150-12 14<sup>th</sup> Ave.  
(718) 746-3937

## QUEENS RIDGEWOOD

**11385 Sterling Optical**  
56-25 Myrtle Avenue  
(718) 497-5470

## QUEENS L.I.C.

**11101 Queens Plaza Optical**  
27-24 Queens Blvd.  
(718) 482-7462

## QUEENS GLEN OAKS

**11004 Glenn Oaks Family Vision**  
259-23B Union Turnpike  
(718) 347-7470

## QUEENS RICHMOND HILLS

**11419 Lens Masters**  
11502 Liberty Avenue  
(718) 835-8000

## **11418 Olivos Vision Center**

116-15 Jamaica Avenue  
(718) 847-9898

## QUEENS COLLEGE POINT

**11356 Sterling Optical**  
132-07 14<sup>th</sup> Avenue  
(718) 357-4511

## QUEENS SUNNYSIDE

**11104 Quality & Fashion**  
42-16 Greenpoint Ave.  
(718) 391-0003

## QUEENS CORONA

**11368 Corona Optometry**  
103-06 Roosevelt Ave.  
(718) 424-1333

## QUEENS MANHASSET

**11030 Plandome Vision**  
572 Plandome Road  
(718) 869-5998

**NASSAU LONG ISLAND****NASSAU VALLEY STREAM**

11581 See Optical  
12 Green Acres Road  
(516) 792-0707

11581 Sterling Optical  
1152 Green Acres Mall  
(516) 568-2020

11581 Valley Eyes  
190 Merrick Road  
(516) 568-3937

11581 National Optical Outlet  
41 Green Acres Road  
(516) 887-3831

**NASSAU MASSAPEQUA**

11758 Sterling Optical  
450 Sunrise Westfield Mall  
(516) 705-2112

**NASSAU GREAT NECK**

11021 Great Neck Opticians  
146 Middle Neck Road  
(516) 466-3874

**NASSAU PLAINVIEW**

11803 Plainview Opticians  
393 South Oyster Bay Road  
(516) 822-8971

**11803 Eyeglass House**

10 Washington Ave.  
(516) 931-0110

**NASSAU FRANKLIN SQUARE**

11010 Franklin Square Optical  
1040 Hempstead Tpk.  
(516) 354-4242

**NASSAU BETHPAGE**

11714 Mid Island Optical  
4277 Hempstead Tpk.  
(516) 796-4932

**SUFFOLK LONG ISLAND****SUFFOLK BAYSHORE**

11706 Sterling Optical  
South Shore Mall  
(631) 666-4960

**11706 Groups Optical Center**

331 Main Street  
(631) 665-3809

**11706 Cohen's Fashion Optical**

1701 Sunrise Highway  
(631) 665-4700

**SUFFOLK LAKE GROVE**

11755 Sterling Optical  
124 Smithhaven Mall  
(631) 724-9055

**SUFFOLK MOUNT SINAI**

11766 Dr. Philip Weiss  
65 Plymouth Avenue  
(631) 331-3618

**SUFFOLK GREENLAWN**

11740 Eyes for You Optical  
751 Pulaski Road  
(631) 261-3900

**SUFFOLK COMMAK**

11725 Optical Dynasty  
6165 Jericho Turnpike  
(631) 462-9777

**SUFFOLK BRENTWOOD**

11717 NY Eye Care  
1758 Brentwood Road  
(631) 231-2073

**SUFFOLK WEST ISLIP**

11795 W. Islip Opticians  
353 Union Blvd.  
(631) 422-7103

**WESTCHESTER COUNTY****MT. VERNON**

10550 Gramatan Eyecare  
171 Gramatan Avenue  
(914) 667-0147

**WHITE PLAINS**

10573 Mendel Optical Insight  
200 Hamilton Avenue  
(914) 949-3333

**RYE BROOK**

10573 Mendel Optical Insight  
128 So. Ridge Street  
(914) 939-2224

**ROCKLAND COUNTY****NEW CITY**

10956 Eye Adventure  
118 Maple Avenue  
(845) 639-1200

**PEARL RIVER**

10965 Pearl River Eyecare  
10 E. Central Avenue  
(845) 735-5769

**NANUET**

10954 Sterling Optical  
164 E. Rt. 59  
(845) 623-8074

**HAVERSTRAW**

10927 Design Optical  
222 Route 9W  
(845) 429-7800

**ORANGE COUNTY****ORANGE MIDDLETOWN**

10940 Dr. Franco Rossi  
59 North Street  
(845) 342-4300

**VAILS GATE**

12553 Eye Care Vision  
Rt.6 A&P Plaza  
(845) 225-1617

**CARMEL**

10512 Vail's Gate Vision  
367-2 Windsor Hwy.  
(845) 565-4100

**MOHEGAN LAKE**

10547 Eye Care Vision  
Rt.6 Cortlandt Town Ctr.  
(914) 528-2012

**YONKERS**

10701 Westchester Eye  
984 No. Broadway  
(914) 476-0650

**OSTIGA COUNTY**

13820 Catskill Eye Care  
107 Oneida Street  
(607) 432-2600

**QUEENSBURY**

12804 Sterling Optical  
578 Aviation Road  
(518) 793-5155

**\*MORGANVILLE**

07751 Sterling Optical  
280 Rte. 9 North  
(732) 617-0771

**\*RUTHERFORD**

07071 Invision Optical  
35 Park Avenue  
(201) 728-9399

**\*NEWARK**

07105 Eye Contact Vision  
279 Ferry Street  
(973) 344-2212

**07104 Dr. Joseph Cooper**

677 Mt. Prospect Avenue  
(973) 350-7771

**\*PROVIDENCE****07974 Towne Vision Center**

35 South Street  
(908) 464-3322

**\*MANALAPAN****07726 Accurate Eye Care**

700 Tennent Road  
(732) 536-0664

**\*JERSEY CITY****07306 Eye Contact Vision**

368 Central Ave.  
(201) 659-2774

**\*MOUNT HOPE****07866 Sterling Optical**

Rockaway Town Sq. Mall  
(973) 366-3402

**\*EDISON****08837 Sterling Optical**

368 Menlo Park Drive  
(732) 906-8081

**\*PARAMUS****07652 Sterling Optical**

Bergen Mall  
(201) 712-9838

**\*ORANGE NJ****07050 Dr. Joseph Cooper #405**

135 South Center Street  
(973) 672-0121

**\*PATERSON****07505 Eye Contact**

165 Main Street  
(973) 278-4480

**\*\*FREEHOLD****00728 Freehold Family Visions**

3333 Route 9  
(732) 780-5771

**\*IRVINGTON****07111 Optical Palace**

1094 B Springfield Ave.  
(973) 416-6664

**\*FORT LEE****07024 Dr. Jack Goldberg**

1562 Lemoine Ave.  
(201) 461-7595

**\*EAST NEW YORK****07093 Richard Morganstien**

5618 Bergenline Ave.  
(201) 867-2942

**CONNECTICUT****\*NORWICH****06360 Mozdén Optical**

7 Clinic Drive  
(860) 889-9887

**\*HARTFORD****06106 Harvey & Lewis**

85 Seymour Street  
(860) 527-6938

**\*HARTFORD****06106 Harvey & Lewis**

45 Asylum Street  
(860) 522-2020

**\*STANFORD****06905 Stanford Eye Care**

30 Sixth Street  
(203) 357-7181

**FLORIDA\*****\*SPRING HILL****34606 Cordano Eyecare Center**

4371 Commercial Way  
(352) 597-2226

**\*WEST PALM BEACH****33413 Family Vision Center**

6802 Forest Hill Blvd.  
(561) 439-2020

**\*PALM COAST****32137 Eye Style Optical**

7 Old Kings Road  
(386) 446-4210

**CALIFORNIA\*****\*HAWTHORNE****90250 Dr. John Schrolucke**

11726 Grevilea Avenue  
(310) 973-8888

**\*CULVER CITY****90232 Dr. Maurice Friedman**

10724 Washington Blvd.  
(310) 559-0500

**\*LONG BEACH****90807 Dr. Harvey Goldstone**

2280 East Carson Street  
(562) 422-2020

**\*INGLEWOOD****90301 Inglewood Optometric**

236 No. Market Street  
(310) 671-2020

**\*TORRANCE****90505 Crossroads Optometry**

24223 Crenshaw Blvd. #E  
(310) 325-2000

**ARIZONA\*****\*GLENDALE****85302 Dr. John Schrolucke**

5140 W. Peroria Ave.  
(623) 487-1100

**\*WICKENBURG****85390 Dr. John Schrolucke**

25 W. Yavapai Street  
(928) 684-2880

For the following account numbers, patients CANNOT be denied or charged for an eye exam at any of the listed locations as indicated by either \*or \*\*In New Jersey, Florida or Connecticut. The accounts are Chartwell Unite HERE 1101 & 1102 Laundry Dry Cleaners Unite. Acct# 1104 (LDWM1), Acct. # 1105 (LDWS2, LDWD3). Acct#: 1106 (RIDM1), Acct.# 1107 (RDS2), Acct.# 1108 (RIDD3), Acct.# 1109 (2841M=NATLACC), Acct.# 1110(2842D=NATLACC), Acct.# (8387B & 8388C & 8389D), Local One IATSE Acct # 1006 and Acct # 1012. If your location is not listed on the above list of union accts. this single \* means that union plans will vary outside of New York State.

Examinations are NOT Included due to state laws. Discount Examination Fees are available or you may choose to use your Health Plan for your Eye Examination. Unless otherwise Indicated, all stores with a double \*\* will offer the eyeglass examination to all union plans.

5/2008

